

FREE Adult CPR/AED Training Course

South Bay Community Center

2180 Palisades Ave., Los Osos

Monday, January 16th, 2023

5 - 7:30pm



Topics will include:

- ✓ Concepts of ‘Chain of Survival’ and ‘Hierarchy of Medical Care’
- ✓ Signs/symptoms and proper care for cardiovascular emergencies
 - ★ Cardiac distress (ex - heart attack, severe arrhythmia)
 - ★ Cardiac arrest (ex - “flatline”)
- ✓ Risks and benefits of an AED (automated external defibrillator)
- ✓ CA laws regarding Good Samaritan (liability), DNRs, and patient consent

Instructor Bio – Marcy A. Mullen, MEd, MPH, PhD is a former professor of Clinical Pathophysiology, Medical Genetics, Biomedical Ethics, and Immunology for SUNY Polytechnic Institute, Utica College, and the Sage Colleges in Upstate NY. Locally, she has taught a variety of pre-med/nursing courses for Cuesta College, Allan Hancock, California Polytechnic State University, as well as the American Heart Association and the American Red Cross. In addition, she is the former director of a LASIK eye center, has served as a paternity consultant, and worked for several years as a medical technologist and EMT. She is currently a 5th year doctoral candidate studying Integrative and Functional Nutrition.